Recommended reading – Emotional Intelligence

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Here are some books that I have found interesting. I am especially enjoying the first one on the list. Of course, Amazon.com is always a great source.

• The EQ Difference	Adele B Lyn	Amacom 2005
• The Emotional Intelligence Quickbook: Everything You Need to Know to Put Your EQ to Work	Travis Bradberry	Fireside June 2005
• Primal Leadership: Learning to lead with Emotional Intelligence	Daniel Goleman et al	Harvard Business School Press 2004
• The Art of Leading Yourself: Tap the Power of your Emotional Intelligence	Randi Noyes	Cypress House 2001
• Emotional Intelligence Why it can matter more than IQ	Daniel Goleman	Bantam 1997
• Emotional Intelligence at Work: A Professional Guide	Dr Dalip Singh	2nd edition, Sage 2003
• Emotional Intelligence Appraisal – Me edition	Travis Bradberry	2003 Talent Smart